

Buckwheat & Chestnut Chocolate Biscuits

Ingredients:

- 50g Buckwheat Flour
- 40g Chestnut Flour
- 30g Tapioca
- 15g Cocoa powder
- ¹/₂ teaspoon baking soda
- ¹/₂ teaspoon Himalayan salt

- 60g (65ml) good quality olive oil
- 1 free range egg
- 60g brown sugar
- 40g raw sugar
- 2 teaspoons sesame seeds (optional)
- 1. Start half an hour or so before you want to bake.
- 2. Sift the dry ingredients into a medium sized bowl and set aside.
- 3. In a separate bowl, whisk together the olive oil, egg, brown sugar and raw sugar.
- 4. Stir the oil mix into the flour blend, then cover and refrigerate for at least 20 minutes.
- 5. When you're ready to bake, preheat the over to 180° C.
- 6. Roll teaspoons of dough into balls and place them on baking sheets lined with baking parchment.
- 7. Press your thumb into each biscuit to make an indent and spread the dough out a bit.
- 8. Sprinkle a few sesame seeds in the middle of each biscuit (if you like them!)
- 9. Bake for 10 12 minutes.
- 10. Happy Baking!



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