



Cut 2 fresh apples (Pink Lady work well) into quarters and remove the core and stem.

Mix in a small bowl:

- Finely diced apple pieces
- 2 teaspoons of rosewater
- Juice of ½ a lemon

Add these to the cake mix.

Pour the batter into a prepared cake tin and bake as directed.

To make roasted strawberries, cut a little of the top off each strawberry. Place a rack on top of a baking tray. Put the strawberries on the rack pointing upwards. Sprinkle with icing sugar and bake in a hot (200°C) oven for 12 - 15 minutes.

Once the cake has cooked, top with:

- Roasted strawberries
- Rose petals

Replace the milk in the cake recipe with buttermilk.

Add to the cake mix:

- 30g of desiccated coconut
- Zest of 1 lime
- Juice of ½ a lime

While the cake is baking, make a syrup with:

- Juice of 1½ limes
- 100g of sugar
- Zest of 1 lime

Once the cake has cooked, remove from the oven and poke a skewer into it several times. Pour the syrup over the top.

Finish with:

- 20g of toasted coconut flakes



# GOODNESS FLOUR

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Goodness Flour Vanilla Cake Mix

One cake mix, so many options...





Replace the milk in the cake recipe with 50g of yoghurt mixed into 150g of milk.

Add to the cake mix:

- Seeds of 8 freshly crushed cardamom pods
- 1 teaspoon of rosewater

While the cake is baking, make an icing with:

- 150g of icing sugar
- 2 teaspoons of rosewater
- Pinch of beetroot powder (seriously, just a pinch!)

Once the cake has cooked, allow it to cool completely before icing.



Replace half the milk in the cake recipe with 100g of buttermilk. Grate the zest from 2 lemons. Juice both lemons and set aside. Add to the cake mix:

- 80g of almond meal
- 50g of poppyseeds
- Zest of 1 lemon
- Juice of 1 lemon

While the cake is baking, make an icing with:

- 100g of sugar
- Zest of 1 lemon
- Juice of 1 lemon

Once the cake has cooked, allow it to cool completely before icing.

Finish with:

- Toasted flaked almonds



Grate the zest of 1 lemon and set aside. Cut 2 fresh pears (Buerre Bosc or Corella work well) into quarters and remove the core and stem.

Slice ½ a pear thinly and gently mix in ½ teaspoon of cinnamon, 1 teaspoon of raw sugar and some lemon juice. Set aside.

Cut the rest of the pear into small pieces.

Add to the cake mix:

- 8g of ground cinnamon
- Grated zest of 1 lemon
- All the chopped pear

Pour the batter into a prepared cake tin and top with:

- Pear slices
- 35g of walnuts

Bake as directed.